



Pressure Therapy

Pressure therapy has been used in the treatment of scars since the 1970's and remains a commonly used method to treat scarring across the UK and around the world. Pressure therapy involves the use of custom-made Lycra garments that provide a consistent pressure across the scarred area, with an aim to flatten, soften and pale scarring. This process will also aid in the reduction of pain, sensitivity and itching. There are currently no conclusive opinions on how this treatment works but there are some beliefs that it reduces the active blood supply into the scarring which halts the over healing and allows scars to mature.

For optimum results pressure garments should be worn 23 out of 24 hours a day, only removed for applying moisturisers and for hygiene. When worn as prescribed the Lycra in the garment will last 3 months but after that the effectiveness will be reduced. Therefore it is recommended they are replaced on a three monthly basis.

The garments are made-to measure, measured by a qualified therapist, and should be re-measured each time they are replaced. This will take in to account any changes in body shape, reduction in the scarring and changes in swelling.

Wearing Schedule		23 hours a day	
Length of treatment		1 – 2 years	
Replacement of garments and scar re-assessment		3 monthly	
Washing instructions		<ul style="list-style-type: none"> • Washed at 30° • No fabric softener • Air dried (do not tumble dry) 	
Precautions	The garment should not cause an increase in swelling, pins and needles or skin breakdown – please remove your garment and get in contact if you have any of these symptoms.		
Samples of Jobskin Pressure Therapy Prices 2014			
Vest (No sleeves)	£72.10+vat (Bra cups + £16.50)	Vest with sleeves	£120.30+vat (Bra cups + £16.50)
Sleeve arm	£32.90+vat	Leg sleeve	£37.20 +vat
Glove	£55.80+vat	Gauntlet	£37.20+vat
Panty short	£102.80+vat	Pant long	£125.70+vat
Sock - ankle	£35.10+vat	Sock-below knee	£36.20+vat
Fastening /opening	£8.90 +vat each	Medium Alteration	£37.20+vat
Contact details for re-orders:		0115 9734300	